

Key Information

It is up to you how much, if any, of this information you fill in but it is intended to be easily available information just in case of an emergency or to save you having to repeat information to various people involved in your care and support.

Emergency services will be familiar with the 'Green bag system', so it will save them time looking for details if it is all in one place.

Complete the details in ballpoint pen using BLOCK CAPITALS. A separate form should be completed for each person in the household who suffers an illness or allergy or may require health and social care services.

Ensure the form is completed and dated and kept up to date.

Stick an up to date photograph of yourself here

Personal Details

Surname

First name

Date of Birth

Male/Female

Hair colour

Eye colour

Any distinguishing marks

NHS number

Address

This form was completed by

Relationship if this is not you

Signed Date



Disclaimer; health or social care services do not accept any responsibility for the details inserted on this form.

Illnesses

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.....
.....
.....

Allergies

.....
.....

Do you take medication for;

Asthma
Diabetes
Epilepsy
Anti coagulation
Heart problems
Other

Do you have a donor card Yes No

Where do you keep it?

Your Doctors Details

Name of GP

Practice address

.....

Telephone

Emergency Contact Details (Name, relationship, tel numbers – Home, work, mobile)

Person 1

.....
.....

Person 2

.....
.....

The following person relies on me for daily care and will require someone to care for them or collect them from school (name, address, age, circumstances, who to contact).

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Do you have any pets at home? Yes No What type?

Are there any other details that may be required by the emergency services? (special instructions concerning your medication, special medical equipment, religion, communication difficulties, hearing or visual problems)

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