



# Rutland Carers Emergency Card

I am a Carer *Someone at home relies on my support.*

*In the event of my accident or illness please call the contacts on the reverse.*

My Name is: (first name only)

.....

Tel: .....

I care for: (first name only)

.....

Tel:.....

Who can not manage without help

*Please call either of the two contacts below who will know what to do*

**CONTACT 1:** Name:.....

Address: .....

.....

Tel:.....

**CONTACT 2:** Name:.....

Address:.....

.....

Tel:.....

*Carry this card with you at all times when you are out of the house*

*(this card is not proof of identity)*



**Rutland**  
County Council

Provided by Rutland County Council Carers Team  
01572 722577

Rutland   
Carers Support